

2020  
-  
2021

# kitchener



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Imprint

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Lopez, Büro Destruct



**Cooking aprons**  
Perfect Christmas gift:  
Kitchener items cooking aprons.

CHF **49.90**

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Dear Kitchener customers

First of all, we would like to thank you for your support in these uncertain times. Thank you very much for your loyalty, especially your online orders during the lockdown. A challenging year is coming to an end. We are pleased that, despite the exceptional circumstances, we have been able to put together what we hope will be an inspiring selection of products for you.

For some years now, we have been working on expanding our range of sustainable products, resulting in the majority of our range meeting sustainability requirements. For more information about our values and company principles, please visit our website.

As you can imagine, the Christmas sale in 2020 will be a little different. The Christmas Shop in Zurich will open in November, and our daily opening hours in all stores will lengthen in December.

We would like to thank you in advance for your patience in case of waiting times due to governmental hygiene measures. Up-to-date information is always available on our website. Rest assured that your health is important to us and, as such, all new guidelines are implemented immediately.

Otherwise, take a look at our webshop. Not only will you find our range, but also extensive information about the products and their producers. We believe that knowing where a product comes

# editorial

from and who makes it influences the way we look at it, and that buying fewer, higher quality and more durable products is not only sustainable, but makes you feel good.

If you need advice, we have three options:

1. Live chat on our website;
2. Phone in store or
3. Private shopping (both virtually or live).

We ship orders over 70CHF free of charge and residents of Bern city\* can benefit from free delivery via bike courier.

This year's catalogue is all about the incomprehensible and sensual: about scents and feelings, about taste, memories, and thoughts. And yes, there is even talk of fungi, hormones, and bacteria. Let yourself be inspired and seduced by the more or less secret ingredients that make life easier and more pleasant. Enjoy the reading experience!

All the best, your Kitchener Team

kitchener



The ceramic creations of Cécile Preziosa are designed by hand in her workshop in Normandy and manufactured. Each piece is made of natural stone on the potter's wheel. The colors and textures are the result of extensive research on high temperature glazes made of minerals and natural oxides. **From 33.-**

We have set out to find the secret of what ingredients make an ordinary dish special. In the process, we came across many invisible, incomprehensible and often unpredictable things.

One ingredient: time. Long and low cooking times and fermentation are safe ways to Dishes that are exceptionally full and rich in flavor and umami. Taking your time is the basis here.

Community: Cooking for and with people you like almost always turns a simple dish into a feast. When both come together, perfect conditions for an unforgettable meal are created.

Like music, tastes and scents can evoke memories and trigger feelings that can be part of a culinary experience - another hidden ingredient.

# Cooking & Eating

Thus, something the fish sandwich tastes incomparable, because it reminds you of that day at the sea, the sand on your feet, the salt on your lips and the glitter of the sun on the water.



## Cannelle et Vanille

Fine seasonal recipes from Aran Goyoaga, whose kitchen is not only healthy and without finished products, but instead is also gluten-free.

**CHF 40.50**



## La Rochère

This French glass manufactory has existed since 1475 south of the Vosges. High quality and extremely elegant glasses from a very environmentally conscious company. 85% of the waste is recycled, water is saved and glass etching technology with its toxic chemicals waived.

**from CHF 6.-**



## Marlette

Our favorite baking mixes from Paris by Marlette. "Muffins Pépites de Chocolat" or "Blinis aux Sarsasin" - Buckwheat blinis. Organic!

**from CHF 7.-**



## Coco

Chocolate from Scotland. Coco provides the most beautiful chocolate bars that we have ever had have encountered. That they come from Scotland, underlines this. "From lovely beans to tasty bars."

**from CHF 7.-**



① Studio Arhoj  
Bowl from  
Copenhagen.  
CHF **49.90**

② Inés Rosales  
100% Natural Oil  
Tortas with Rosmarin  
& Thymian.  
CHF **5.90**

③ Pallarès Solsona  
Knives.  
CHF **12.50**

④ Original Home  
Diner Plate made of  
recycled teak wood  
from Indonesia.  
CHF **38.-**

### Länggass-tea

The best quality, a huge assortment directly from Länggasse from a family business. A selection is available from us.

from CHF **11.-**



### Well preserved

Whether high-quality fish soup or sustainable fished, pickled mackerel from Brittany by "La Belle-Iloise" or a classic tomato sauce by "La Bella Italiana" – classics should never be missing.

from CHF **3.80**



### Lola Cola

The alternative – from the Lola store in Bernese Lorraine, carefully produced in the Black Forest

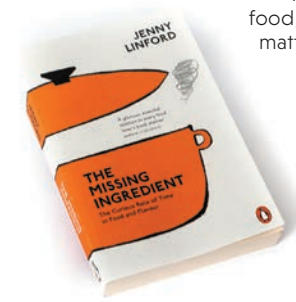
CHF **2.70**



### The Missing Ingredient

One ingredient that is usually missing but is extremely important in almost all recipes: time. From cozy feasts to fast food, Linford shows that no matter what we cook, time plays a crucial role.

CHF **18.50**



### Chili Love

Bombetta und Fuoco d'amor. Spicy Chili-Saucen. Made in Italy

CHF **7.-**



### Organic & fair

Fleur de Sel, Black Pepper, Smoked Alabame... – "Taste that matters" with the spice mixtures of Soul Spice. Pure spices directly from the farmer, regenerative agriculture, fair payment, social commitment and highest organic quality.

from CHF **6.80**

### Laboratorio Bern

Whether Borlotti beans, Neapolitan zucchini, pelati, passata or vegan ketchup – all organic and all according to original Italian recipes.

from CHF **4.50**

# Umami

Umami is the term used to describe the quality of the sense of taste which, along with sweet, sour, salty and bitter, is one of the basic sensory qualities of human gustatory perception and is described as "meaty", "spicy" or "tasty".

Each food has a certain umami content - the "palatability" can be produced in different ways - for example, by drying, fermenting, cooking, braising or maturing. One thinks of long braised stews and sauces. Time and patience are an integral part of an umami dish. That is why we like to cook with leftovers of yesterday - because it tastes even better warmed up.



**Kombucha, Kefir & Natural Sodas**  
Step by step.  
Making thirst-quenching and healthy kombuchas, kefir and naturally sparkling lemonades at home is easier than you think.

CHF 26.90



### Grater

We do not want to go on without... with this practical ceramic rasp you can process garlic, ginger and more effortlessly without losing even a single drop.

CHF 30.-



**The Kimchi Cookbook**  
60 traditional and modern ways to make Kimchi. In a book by Lauryn Chun.

CHF 25.90



### Ancient Modern

Pickled mustard seeds, a probiotic activated carbon vinaigrette with sauerkraut juice, dried citrus fruits and pine pollen or an umami powder. Darkhorse from LA.

from CHF 22.50



### Umami Paste

"Clearspring" from London focuses its products on authentic Japanese specialties and attaches great importance to natural, organically produced ingredients and traditional recipes. The Umami paste is traditionally made by adding a Koji culture to the rice and letting it ferment naturally, then mixing the rice paste with soy sauce and ginger to create this incredibly delicious and versatile seasoning. A paste that will enhance the umami flavor of many dishes.

CHF 8.50



### Sparkling Yuzu Lime

The Yuzu live in their own Lucullan world somewhere where tangerine and lime have reached their taste limits. Here in a lemonade full of character from Urban Lemonade.

CHF 4.50



### Organic Japanese Miso Ramen and Soba

Clearspring has made it easy and convenient to enjoy authentic Japanese frames when time is short without compromising on taste or quality. It combines the finest Japanese organic wheat noodles with the umami rich taste of miso and ginger soup. And all organic and free of all artificial flavors, additives and preservatives, 100% vegan and ready in just 4 minutes. Since Instant Ramen is THE THING especially with our teenagers, we are glad that we have found an organic product after all.

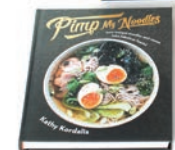
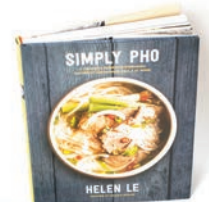
Plus: Delicious wheat-free noodles with a rich, nutty buckwheat taste. Known in Japanese as "Juwari Soba", which means 100% soba.

ab CHF 4.30



**Pickles Force Verte - Your new favorite cucumber**  
Sweet and sour organic pickled gherkins from "Les 3 Chouettes" in Rungis, refined with dill, can replace the gherkins in your sandwiches, accompany your aperitif plate or make a wonderful toast with smoked fish.

CHF 9.90



### Simply Pho & Pimp my Noodles

The 75 recipes in Helen Les book "Simply Pho" read like a complete course in authentic Vietnamese cuisine. Kathy Kordalis shows in "Pimp My Noodles" how instant noodles can become an impressive east in just a few extra minutes.

from CHF 26.90



Large cast-iron pot by Petromax 89.90, linen cloth by Karin Carlander 24.-

# Sourdough

The fact that something as wonderful as a sourdough can be created from water, flour and the bacteria and yeast fungi present in the air borders on a miracle.

Anyone who has once eaten a sourdough bread that has been allowed to ferment for 24 hours never wants anything else. And here at the latest it becomes clear: bacteria and fungi may not be visible or tangible, but they are an essential part of an umami rich kitchen. And they are also very healthy, because the metabolic products of these microorganisms not only loosen the dough but also improve the tolerance, the aroma, the taste and the shelf life of the bread.

## Bread Books

Vanessa Kimbell's groundbreaking guide to making sourdough bread and a love letter to two glorious artisan products that have adorned our tables for centuries: butter & bread. The literature on flour on our shelves.

from CHF **38.50**



## Maldon Sea Salt Flakes

Our favorite salt – in flakes from Maldon in the South East of England. Butter on fresh bread is generally enough for deep satisfaction.

CHF **7.90**



## Petromax

The original cast-iron pots from Petromax. Because not only creative stews over the fire need cast iron, but also successful sourdough breads.

from CHF **45.-**



## Pallarès Solsona

100 years of experience allow us to maintain a level of product that has evolved over time and has resulted in the best knives, pocket knives and agricultural tools. From Catalonia.

from CHF **9.90**



# Outside by the fire

During this unusual time we cooked outside a lot and came to the conclusion that fire and smoke definitely belong on the list of secret ingredients.

Cooking outside with friends by the fire and cooking on the fire makes everything taste even more intense. Not only because roasting has a particularly high umami value.

## Dr Will's

There is nothing artificial here. No shortcuts, no quick solutions, just real food with real ingredients. Beetroot ketchup, BBQ sauce with dates or that "all natural" tomato ketchup.

CHF 9.-



## Bernese charcoal burner

Charcoal according to old tradition, produced directly from the Könizer Forest by Farb AG in its own charcoal works. One of the best coals far and wide – but from very close by!

CHF 10.-



## Petromax fire bowls

These cast iron fire bowls can be used either as a base for a cosy campfire, if the floor underneath is to be protected, or over a fire as a grill surface to cook fine delicacies. Or both, because they are "stackable".

from CHF 129.90



## Campfire Waffles

With this cast-iron waffle iron from Petromax you are a true outdoor professional. Pour in the waffle dough and go into the fire. Maybe turn it once and that's it.

CHF 49.90



With the Smokemeister made of stainless steel by Snow Peak from Japan, meat, fish or cheese can be transformed into simple smoked products in no time at all. Put a few pieces of hot charcoal, wood shavings briefly soaked in water (e.g. Big Green Egg smoking chips) into the Smokemeister kettle and place the frame with the smoked goods inside. We smoke, for example, Lake Thun fillets of Felchen, which we rub with a few Maldon salt flakes to make a fish sandwich after no more than 20 minutes of smoking, which reminds us of the day by the sea and the glitter of the sun on the water. 379.- | **Left Page:** Japanese charcoal grill by Margoni from 325.- | **Page 12:** Big Green Egg from 1'800.-





**Arabica Spices**

We discovered Arabica Food and Spice at the wonderful Borough Market in London. What began as a project of two travellers and their love of the Levant is now an Arabic bar with a range of its own spices and canned food. "A range of foods and spices inspired by the sun rise nations of the Levant."

from CHF **7.-**



We love simple dishes, but with a stronger character, prepared on charcoal in our Big Green Egg or over an open fire. We also can hardly get enough of traditional vegetable tajines that cook slowly in a clay oven over the charcoal.

The moules smoked on pine branches in the Big Green Egg taste fantastic with a pinch of salt and a dash of good olive oil, and the vegetables in the tajine develop tastes that are second to none.



**Tajine**

Now available again: "Souvenir du Maroc". Beside carpets and glasses we now also have Tajine pots in our assortment.

from CHF **75.-**

# fire & smoke

**Tajine-recipe:**

Cover the bottom of the tajine with finely chopped onions (so that nothing burns).

Then cover with tomato rings and layer vegetables, such as zucchini, carrots or pumpkin, in a spiral.

Tajines are excellent for breaking up sloppy vegetables from the refrigerator. After cooking for 45 minutes, nobody will notice. With the Tajine you can be inventive. Cover with potato slices and season with a little neutral oil, salt, pepper, crushed coriander and caraway seeds.

Cook on charcoal (or hotplate) for about 45 minutes.

**Our variation:**

Pickled chick peas, pitted olives and pickled lemons to the vegetables. Season with Arabica Food and Spice Dukka, Ras el Hanout and Rustet Cumin. Add some white wine and a generous amount of butter on top. Put the lid on and cook. With fresh Serve with coriander and sourdough bread.



## Sandqvist

Anton Sandqvist and his team want to make timeless bags that are loved for a long time and are affordable. We think the guys are doing a good job! Still one of our favorite bag brands.

CHF **139.90**



## Pallares Solsona

Throughout its history, the Cuchillería Pallarès has always paid attention to the highest quality in the selection of materials to be used, and its main objective has always been and still is the quality of the cutting edge, which is why all knives in Catalonia are still sharpened by hand.

CHF **55.-**



## Solar

Solar energy for everyday use. Lighter, torch, outdoor stove and experiment set for kids. Sun helps!

from CHF **12.-**



## Eco ignition pads

Biokema's Eco Lighting Pads are made of shredded straw and hay waste and are packed in cellulose paper. The coating of the lighter is made of recycled sustainable biomass. By choosing eco light pads, you can easily contribute to active environmental protection.

CHF **7.90**



## H2O

In our latitudes, fresh water flows from the tap in every household. Fill it yourself and take it home with the climate-neutral 24Bottles or the Soulbottle glass bottle.

from CHF **29.90**



## TAQA

BTAQA from Tripoli stands for quality, Reliability and value in the first place. A healthy Lebanese snack bakery that produces a variety of oat cookies, oat mamouls, dried fruit and nut bars, bread and crackers. ISO-certified and free from modern white wheat, dairy products, GMOs, palm oil, corn- and soy flour.

from CHF **4.-**



## Smoked Whiskey Sour

5cl Scotch Whiskey  
2cl Lemon juice  
2cl Lapsang Souchong Sirup

Put a large piece of ice, whiskey, lemon juice and Lapsang Souchong Syrup into a glass and mix well. Lapsang Souchong Syrup: Bring cane sugar to the boil in a ratio of 1:1 with water and boil tea in it according to the recipe, sieve.



## Storm lamp

For over 100 years the Feuerhand storm lantern has been built by Petromax in Germany. It owes its continuing success to a technical detail: the ingenious airflow. For petroleum or kerosene oil.

from CHF **25.-**



## Kitchener Essentials

Kitchener Aarebag & dry towel  
from CHF **39.90**



## Petromax tripod ring

The basic structure for a self-built tripod made of branches. Thanks to the two hooks with chain, fire pot and tea kettle can be hung over the crackling fireplace without any problems. The required heat is easily regulated by adjusting the chain length.

CHF **29.90**



## Bigoli De Bassan

Bigoli has been produced in the Veneto region of Italy since 1935. The Bigoli de Bassan is a long spaghetti with a consistent texture and taste. Its texture makes it particularly suitable for absorbing spices.

CHF **11.20**



## Sweet cookies

We have a large selection of traditional Italian sweet pastries. Best little gifts - not only against wanderlust.

from CHF **8.-**



## Premiata Torrioneria Barbero

This Torrioneria Cioccolateria from Asti, is characterized by the production of crumbly nougat and the production of the finest chocolate.

CHF **14.-**



## Augusta

The finest amaretti are wonderful little gifts – whether "classici" or "al limone" – and not only for coffee lovers.

CHF **8.-**

## Sombregoni

Close to Bari and Taranto, at an altitude of about 380m, lies the small town of Gioia dell Colle, in an area that was populated by the Greeks in ancient times. Here the Pastificeria Marella produces handmade pasta, such as sombregonis, according to the old family tradition. From locally grown wheat.

CHF **12.-**



## Nocciolone

From the Torrioneria Barbero: An exquisite bar of nougat chocolate, refined with roasted fresh Piedmontese IGP hazelnuts. Two stars of Piedmontese confectionery art, united in an authentic masterpiece of taste.

CHF **22.-**



① **Field Barista Kettle**  
by Snow Peak  
from Japan.  
CHF **199.90**

② **Falcon**  
Enamelware Mug.  
CHF **15.-**

③ **Karin Carlander**  
Textile No.4 Tea  
Towel.  
CHF **27.-**

④ **Soul Spice**  
Coffee magic.  
CHF **9.60**

⑤ **Original Home**  
Just Spoon set  
of 4 made of recycled  
teak from Indonesia.  
CHF **29.90**

⑥ **Rhoeco**  
Sea Tea.  
CHF **15.-**



**From bottom left to top right:** Copper Sponge by Andrée Jardin from France 9.90, Nature Dish Sponge made of cellulose wood and hard nut and fruit kernel shells by Andrée Jardin from France 15.-, Copper Ball by Andrée Jardin from France 7.-, Soap Shelf made of Moso Bamboo by No Tox Life 12.50, Dish Washing Block by Andrée Jardin 22.-, Saucpan Brush by Andrée Jardin from France 11.-, Textile No. 4 Tea Towel Zizag Sienna by Karin Carlander 27.-, Kitchen Towel made of organic cotton by The Organic Company from Copenhagen 24.-

Last year, we began to expand our range with sustainable household products. Waste reduction (especially plastic) and naturalness of the products are our main focus. The fewer different materials a product consists of, the easier it is to recycle.

We have found effective microorganisms in this process. The principle is simple: Healthy soil and clean water are maintained by the diversity and balance of the micro-organism community that occurs naturally in it. For example, if the balance of microorganisms in the soil is disturbed, the soil becomes impoverished and plants grow poorly. When the soil microbiology is in balance, plants become healthy and more resistant to damage caused by diseases or pests. Cleaning with EM is therefore not only harmless but also

# Sustainable home

brings good bacteria into the cycle. The young Zurich-based company em kraft produces great cleaning products that are 100% convincing and have already been used successfully in various Swiss catering establishments.



## Savon Noir Liquid

The famous Black Soap by Marius Fabre is completely biodegradable due to its purely vegetable composition and replaces dozens of conventional detergents with chemical active ingredients. The quality of the secret olive oil formula is guaranteed by 4 generations of Fabre with experience and practice in the manufacture of natural soaps. Because it is highly concentrated, this liquid soap can be dosed very sparingly. With us even as 5l canister for refilling!

from CHF 9.-



## DIY Literature

Whether to mend your own clothes or make your own cleaning product. Our DIY books are the right guides!

from CHF 26.90



## em kraft

Sustainable cleaning based on effective microorganisms with the products of em kraft. All components of the em kraft product range clean absolutely naturally, sustainably and environmentally friendly. They leave behind a regenerative microclimate and have a long-lasting cleaning effect. Refillable!

from CHF 12.80



## Loggia 16

Clever and simple everyday products from fair and environmentally friendly production. With the beeswax tissues and the food sack, L16 from Bern are making a further contribution to less disposable packaging and a sustainable existence.

from CHF 28.-

### Disktrasa

Cleaning cloth, scouring cloth and dishcloth from VÄXBO LIN, made of 100% pure organic linen, which requires almost no water to produce. For bathroom, kitchen and household, for washing up, cleaning, wiping - washable, re-usable and compostable when it has done its job!

CHF **13.-**



### Guppyfriend

The first pragmatic solution against microplastic contamination by washing synthetic clothing: The Guppyfriend wash bag helps to prevent microplastics from getting into the waste water during washing. Stop Micro Waste!

CHF **33.50**



### Soeder\* Natural Hand Sanitizer

The product of the hour: The ecological "Herbal Aloe" hand disinfectant of the Soeder\* soap factory in Schwerzenbach, which is made of 100% natural ingredients, is available in different sizes.

from CHF **14.-**



### Tangent Garment Care

High-quality skin and clothing care products made from the best natural ingredients. A range of products that help to extend the life of shoes and clothing in a natural way without synthetic chemicals. From Sweden.

from CHF **18.-**



### New Kintsugi Repair Kit

In 2009 Humade invented the new Kintsugi repair kit. A creative and easy way to repair all broken ceramics with gold. Based on the old Japanese art of repair. Become a Kintsugi master yourself!

CHF **35.-**



### Papier D'arménie

Combustible scented paper. Not only ideal after fondue evenings. Désodorise et parfume depuis 1885.

CHF **7.-**





"It is high time to pay more attention to the well-being of our animal visitors in our own gardens and ultimately to do something good for ourselves: to look and listen carefully, to give nature time and space and to learn to be wild again,"

writes Sonja Schwingesbauer in her book "Wo die wilden Nützliche wohnen. Exactly this is the main focus and offers inspiration for our garden assortment. Our gardens and balconies should not only serve us, but also as a retreat and source of food for as many other living beings as possible.

# garden

## Young vegetables and How To Grow Your Dinner

Whether it's 800 delicious recipes for more greens on your plate or a guide on how best to grow your own vegetables at home. This and more in our gardening books.

from CHF **22.90**



## Marius Fabre Special Jardin

The black olive soap is the natural ally for all plants. It protects against aphids and scale insects, red spiders, mealybugs and similar. Simply apply to the leaves and the plants (fruit trees, shrubs, roses, vegetables, ornamental plants) are protected from harmful insects.

CHF **11.-**



## Nutscene Hand Scrub

Made from crushed olive seeds, which provide natural exfoliating properties, as well as olive oil, geranium and mint, this scrub cleanses infiltrated dirt and leaves hands soft and moisturized.

CHF **14.-**



## Seedboms

The cult seed bombs of Kabloom. "shake it, soak it, throw it and grow it."

CHF **6.-**





①  
Nutsene  
Blacktwist  
garden string.

CHF **9.90**

②  
Gorilla Gardening  
Bee Seedballs  
from Bern.

CHF **22.-**

③  
Planting bag  
Courgette i Mutabile  
Plant bag from  
Gorilla Gardening  
from Bern.

CHF **19.90**

④  
Garden shears  
Banshu Hamono  
Garden shears from  
Japan.

from CHF **149.-**

### Wild about Weeds

A book about gardening with rebellious plants. With instructions on how to tame weeds and learn to love them.

CHF **35.50**



### Bee Cell

Inspired by the "guerrilla gardening movement", this beehive is a great gift for the garden lover in your life and a super easy way to create additional space for hollow nesting solitary bee species. The package contains a lot of information that helps to spread awareness about our brilliant bees.

CHF **18.-**



### Cultivate & eat

Japanese chilies to grow yourself.

CHF **11.-**



### The sensational winter raised bed

Harvest until freezing. Bring new life to your raised bed and plant it even in winter.

CHF **25.90**



### Where the wild beneficial animals live

This book brings gardeners and beneficials together and shows how gardeners go for a colorful animal and plant world.

CHF **41.50**

### Permaculture

Your garden. Your revolution. Create an edible ecosystem, harvest all year round and live self-determined!

CHF **41.50**



### Root to Bloom

This book equips readers with the knowledge and tools to grow, eat and celebrate every edible part of the plant. "Harvest, Cook, Preserve, Heal."

CHF **35.50**



From left to right: Heritage Massage Brush by Andrée Jardin from France 25.-, Kitchener x Soeder\* "Orange Garden" natural soap 42.-, Neroli & Petitgrain Body Soap by Austin Austin from Norfolk 21.-, Bath & Body Brush by Andrée Jardin from France 35.-

Taking care of yourself is the buzzword of the hour. So much so that you almost don't dare to say it anymore. We do it anyway, because only when we take care of ourselves do we have the physical and mental strength to face the challenges of the times.

Or as Audre Lorde, the American writer and activist who described herself as a "black lesbian feminist mother poet warrior", said: "Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare. That this cannot be at the expense of others or our environment is understood by yourself. For a good three years now, sustainable care products an important part of the Kitchener assortment

# Body care

## Berne medicinal plants studio

Care products for special needs of your skin and for every day. Flower mousse, birch peeling, chamomile mousse, a deodorant and the "Mint Kiss" lip care. Ulrike Tomas greatest passion is healing plants, her care products are for the whole family. Besides Ulrike Toma offers exciting workshops and more: frauen-sachen.ch



## Everyday Oil

Our favorite oil with soothing Palo Santo fragrance. "Use Every Day / All Over" from CHF 29.90



kitchener

## Austin Austin

From hand soap and shower gel to shampoo and conditioner. All of them get by without mineral oil, silicones, parabens or artificial fragrances. All good for skin and environment. And except for the body milk, which contains beeswax, all products are vegan and the packaging is made of recycled plastic.

from CHF 19.90



## Kitchener Essentials

Make-up removal pads and soap bags. CHF 29.90

### Hyalomiel

Hyalomiel provides wonderful moisture, soothes and refreshes. No synthetic process can replace the natural benefits of our organic garrigue honey, which is what Hyalomiel is made of. From Féret Parfumeur.

CHF **19.-**



### Natural soaps from Soeder\*

Mild and nourishing soap and creams for hands and body. Sulphate and glycol free. Without preservatives. Pure natural ingredients of highest quality. Biologically degradable. Produced in Schwerzenbach in the Soeder\* soap factory. Refillable with us.

from CHF **37.-**



### Malou & Marius

Versatile organic face masks for men and women from France.

CHF **13.-**



### Rahua

Rahua beauty products are made from 100% organic ingredients and are produced in sustainable cooperation with the inhabitants of the Amazon region. The most important ingredient is the rich vegetable oil Rahua, which is extracted by hand in a particularly environmentally friendly way.

from CHF **44.-**



### Breathless

Wonderful body oil from the house of Aesop pampers the skin intensively and smoothly with moisture – thanks to blood orange, jojoba seeds & bay leaf relaxing woody with light citrus notes. Out of breath.

CHF **35.-**

### Peigne à barbe

A horn comb for daily use to improve the shine and brightness of (beard) hair. Fabriqué en France.

CHF **26.-**



### Konjac Sponge

The ultimate Korean beauty tool with pure konjac fibers and nourishing mineral extracts cleanses and refines the skin for a radiant complexion.

from CHF **14.-**



### Schönstaub Seca

Schönstaub's interpretation of the classic waffle cloth brings color into the daily bathroom routine. Made in Portugal.

from CHF **55.-**



### Dr. Bronner's All-One Toothpaste

Dr. Bronner's does everything right! The company's principles include sustainable production, fair wages and working conditions for employees of all nations and religions. Bronner's toothpaste is vegan, fluoride free, free of synthetic foaming agents and 100% recyclable.

CHF **12.90**



### Ohëpo

OHËPO's soaps from Brittany are all handmade using the traditional method of cold saponification from organic ingredients.

CHF **11.-**



### FINE [fi-ne]

Our favorite deodorant! Wonderfully fragrant, pure and free from aluminum salts. From Germany.

from CHF **32.50**



### PATCH - Plaster without plastic

PATCH Neutral patches are hypoallergenic and perfect for sensitive skin. Made of bamboo fibers and a soft gauze pad, the patches adhere by using hypoallergenic self-adhesive (PSA). It consists of a combination of natural minerals with nanotechnology.

CHF **8.90**



### Baggu

Our favorite travel bags from Baggu in different, practical sizes to store underwear, toiletries, hygiene masks and more in a space-saving way.

CHF **45.-**

### Haeckels Seaweed Block

The soap block by Haeckels from Margate is one of our favorite products for your well-being. The soap with sea grass, black pepper and coriander seeds harvested in Margate is ideal for everyday use and cleans your body gently and lastingly.

CHF **29.90**



### Imabari Tradition

This neutral towel collection made of 100% organic cotton is woven in the old-fashioned way on the old and last large Toyoda looms from Imabari. Each towel is naturally dyed with ingredients such as bamboo charcoal, coffee and black tea to create a spectrum of complementary neutral colors.

from CHF **35.-**



### Eco Marine Cream

The orderer from the Haeckels company. Two years of testing and over a hundred prototypes were needed to develop the perfect daily moisturizer for all skin types and genders. The nourishing, moisturizing effect of seaweed in perfection.

CHF **79.90**



### Binchotan Body Scrub

The ultra-fine Binchotan activated carbon in the fibers of this luxurious scrubbing cloth revitalizes and refreshes the skin naturally. Binchotan naturally removes impurities from the skin, leaving a soft, healthy glow. From Wakayama, Japan.

CHF **29.90**



### Binchotan Charcoal

Binchotan activated carbon has been used in Japan for centuries to filter and purify water. Produced in the Kishu region, this environmentally friendly water purifier removes unwanted chemicals from tap water, making it naturally softer and improving its taste for up to three months!

from CHF **29.90**

### Coffret Rasage No2

Le Baigneur's products are made from natural raw materials, preferably from France, which underline the honest and authentic character of the brand.

CHF **59.90**

### The Humble Co.

Environmentally friendly dental hygiene products without compromise. FDA Approved. Bio-certified and without animal testing.

from CHF **3.-**



①

**Cotton swabs**  
100% biodegradable cotton swabs made from sustainably grown bamboo from The Humble Co. of Sweden.

CHF **3.-**

②

**Mini Tumbler**  
Falcon Enamelware.

CHF **9.90**

③

**Nailbrush**  
Andrée Jardin Heritage Nailbrush & Heritage Ridged Soap Holder.

CHF **25.-**

④

**Aesop**  
Toothpaste Dentifrice.

CHF **13.-**

⑤

**Toothbrush**  
from The Humble Co. of Sweden.

CHF **5.90**

⑥

**Toothpaste in glass**  
Activated carbon toothpaste in glass from The Humble Co. from Sweden.

CHF **18.-**

⑦

**Soap holder**  
By Andrée Jardin.

CHF **17.-**

# Red is beautiful!

Here and there a joke about the female cycle yes, but menstruation, menopause and female sexuality are still taboo subjects. That's why body & sexuality products for women and men have been part of our product range for a long time.

## Unicorn Products

If you have been using the classic products such as tampons, sanitary pads and the like during your period, a menstrual cup may seem a little alien at first glance. But it is really worth giving it a chance. Einhorn from Berlin manufacture sustainable menstrual products - panty liners, tampons and more.

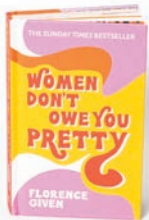
from CHF 6.-



## project NU

At the center of this project from Bern is the individuality of the person. NUs show the interesting variety and uniqueness of different bodies - far away from the ideals and norms of society. With projet NU, we donate 10% of the proceeds to a women's rights organization that campaigns against FGM/C.

CHF 99.-



## Women Don't Owe You Pretty

The ultimate book for all those who question outdated narratives delivered by patriarchy. An incredible mouthpiece for modern intersectional feminism. By Florence Given.

CHF 22.90



## Red is beautiful

Inspired by conversations and observations Lucia collects Zamolo as in a diary thoughts and facts, the o are a taboo. A colorful hotchpotch of thoughts and Stories about menstruation with the goal, To clear up mistakes and encourage women and girls, to deal with their period openly and uninhibitedly.

CHF 21.-



## Smile Makers Vibrators

The Misson: normalizing the perception of female sexuality. The idea: the best product experience, a brand that women love, promoted and sold in everyday environments. Women should not be afraid of joy and pleasure. An important part of every person's life.

from CHF 33.-



## Eat Like a Woman

What influence does nutrition have on the cycle phases? What happens to the female hormones in 28 days? What is good for women? And what relieves symptoms such as abdominal cramps, migraines, fatigue and mood swings? This book provides recipes for a harmonious cycle.

CHF 38.90



## Ylumi Beautiful Age Capsules

Adaptogenic herbs, essential vitamins and minerals. The best of nature combined with the best of modern science from Ylumi for you. Hormone balance, menobalance and Inner Glow with the Beautiful Age capsules. 100% vegan, lactose-, gluten-, and sugar-free as well as free of any preservatives or colorants - made in Germany.

CHF 59.90



## Feminist Comics

In her comics "The Origin of Love" & "The Origin of the World" Liv Strömquist searches for new answers to the omnipresent question of what love is and traces the cultural history of the vulva - from the Bible to Freud.

from CHF 28.90



## How To Have Feminist Sex

The mission: to get more people to talk openly about what they do and don't want to do at every romantic encounter. Flo Perry addresses everything from faking to agreeing, from stress to buckling, and that losing your virginity is not so different from eating your first chocolate croissant.

CHF 29.90



## Maison Loüno Magic Cocoa

Adaptogens have been part of the preventive and curative approaches of Traditional Chinese Medicine and Ayurveda for thousands of years. Maison Loüno takes up these same approaches in its products. Daily rituals & plant-based Wellness - bio, gluten-free and made in France. The Magic Cocoa awakens your vitality and physical energy.

CHF 52.-

# Fra- gran- ces

Not visible or tangible, but omnipresent and incredibly powerful. Fragrances can awaken feelings and evoke memories. Some fragrances calm, others stimulate. The secret ingredient of personal everyday life?



### Concrete Brut

A fresh wind of bamboo, bergamot and wild herbs surrounds a room made of bronze surfaces and green natural stone. Concrete and poetry. Raw beauty. Atelier Oblique fragrances are unique, sustainable and clean compositions and free of stabilizers. Each composition therefore unfolds a very personal "you", which unfolds individually depending on your skin type.

CHF **140.-**

### Tiger by her side

Warm amber in harmony with velvety Moroccan rose, mystical Indonesian patchouli and atmospheric intense Somali incense. From Sana Jardin. Raises the mood and increases sensuality, frees and strengthens the mind, purifies the spirit.

CHF **180.-**



### Bon Parfumeur

Bon Parfumeur was born from the desire to revive the beautiful artistic perfumery of yesteryear in a decidedly contemporary and creative way. Many fragrances in practical and complementary 30ml bottles. Made in France.

from CHF **49.90**



### Molecule 05

Cashmeran is the only fragrance that gives this unusual Perfume a woody-resinous sillage with a hint of musk. Fragrance connoisseurs will also notice a hint of pine. Another fragrant coup by Berlin perfumer Geza Schön.

from CHF **145.90**



# Soul Balm

Doing good to each other is always important, but in the midst of a global pandemic, when we are no longer allowed to hug each other, listen to music and dance together or loudly cheer on our beloved football team, it becomes a necessity.

How do we care? What do we do when we reach our limits? Curious as we are, we have started to search for answers. A wild hodge-podge of products that can help us to do good to our body and mind. From gluten-free baking mixes to superfoods and activities that can put the mind at rest. Be awake and don't forget, sometimes the to let your soul dangle.

## Morgenbrød

This gluten-free and tasty wholemeal bread baking mix is full of nutritional benefits! The seeds and the blond psyllium are excellent for digestion (full of fiber and protein), and the almonds provide a measured amount of good fairies for the proper functioning of our cells. Without sugar, you will be satiated by lunch.  
From Maison Loüno.

from CHF **15.-**

## Biocol Labs

Welcome to the post-chemical society. With the conviction that mineral and plant-based science will make the chemical pharmaceutical industry obsolete, Biocol Labs was founded in Lisbon in 1977. The post-chemical pharmacy that provides the health foundations for modern men and women that traditional healthcare does not provide.

from CHF **26.-**



## Ylumi

The YLUMI products combine tested traditional Chinese herbs and vital mushrooms, valuable minerals, essential vitamins to unique recipes. Created for all who are looking for more glow, well-being, more energy and inner balance. 100% vegan food supplements inspired by the Traditional Chinese Herbalism.

from CHF **49.90**



## Ojas

Modern recipes and ancient wisdom for the Ayurveda everyday life. A cookbook with 99 healthy recipes.

CHF **39.90**



## Hako

Leaf-shaped smoking paper from Japan. Like the feeling of walking through the misty forest and stomping through rotting leaves. Vetiver, cypress and hemp soothe the nerves and calm the mind. When deep relaxation is needed, the scent is lush and full of the breath of nature, as if you had suddenly become part of the forest - surrounded by plants, trees, flowers and fruits.

CHF **59.90**



## Abe Sangyo Room Shoes

Room shoes are an integral part of daily life in Japan, and since its founding in 1919, Abe Sangyo has been dedicated to making the most comfortable shoes in the country.

CHF **79.90**



## Organic Tinctures

Tinctures are concentrated liquid extracts of organic medicinal herbs prepared in alcohol using sugar beet, so that all the medicinal components of the herb can be extracted over a lunar cycle lasting several months. More effective than an herbal tea and easier to take in and out daily. By Wild Botanicals from London.

CHF **25.-**



## Heatbag

Much more than a heating bag. When warmed up, it becomes the perfect companion to lounge on the couch or plunge into a deep sleep with warm feet or freeze it to get a pain-relieving companion. The new product Abe Sangyo Room Shoes by Ostrich Pillow.



## Greenbird hemp oils

The Greenbird CBD tinctures come from 100% organic hemp fields in Switzerland and are completely free of pesticides and herbicides. In order to guarantee perfect quality, the products per batch are checked in-house and externally by qualified laboratories.

from CHF **32.-**



## Greenma Thés

Fine herbal tea blends from France. GreenMa prove that ecology, design and authenticity go hand in hand.

from CHF **15.-**



**Rhoeco Remade**

Under the lid of the Rhoeco teas are seeds so that when drunk, they can be replanted. Simply fill the empty packaging of the extremely healthy Greek mountain tea or herbal tea with soil and grow your own.

CHF **15.-**



**P&T Advent Calendar**

A curated selection of 24 tea bags by Paper & Tea from Berlin. Black, green and herbal teas and tea blends in organic quality for a relaxed Christmas countdown.

CHF **49.90**



**Garçoa**

Chocolate makes you happy. Sugar and cocoa - a minimalist list of ingredients, but one that requires an all the more complex and consistent manufacturing process. At Garçoa from Zurich, this is the premise. From bean to bar.

from CHF **15.80**



**Super Stars**

Calm down - With these pre-cut sheets you can fold your own galaxy of 3D stars.

CHF **23.50**



**Modern Ikebana**

A book about the new wave of floristry and its radical protagonists. Many of them inspired by Japanese art.

CHF **51.50**



**Wilder Botanics**

Wilder Botanics was born in London out of a true love of herbs and the ideal of bringing vital, energetic organic herbs and essential oils into our daily lives. A range of beautiful products for the whole body.

from CHF **39.90**







La Rochère coffee glass from France 8.-, Organic bitter lemonade with wormwood and gentian from Zobo from Feldmeilen 4.-

Looking into an apartment or a closet can be like taking a trip back in time through the lives of its inhabitants. Every piece holds a memory, a story

Kintsugi is the Japanese art of repairing broken pottery by mending the cracks with lacquer or with powdered gold, silver or platinum. As a philosophy, it treats breakage and repair as part of the history of an object, not as something that needs to be hidden. Seen in this way, something that is once broken becomes increasingly valuable. A wonderful plea against the urge to always look for something new, for things that last for a long time, things that accompany you and which you would rather mend than throw away. Beautiful, high-quality, timeless things have been our passion for 53 years. We have a particularly great

# The own 4 walls

passion for ceramics. So you will find in our assortment for example the works of three different Bernese ceramists, beautiful ceramics from Copenhagen, Normandy and Mexico's Oaxaca.



## Kim Ka Mi Keramik

Noëlle Kim makes wonderful vases, bowls and cups in her workshop at the foot of the Gurten in Bern. In the case of the smoky fire, objects are burned on an open fire for 4-5 days after pre-burning, almost without oxygen reduction. This creates smoke which penetrates the material – we especially like this effect!

from CHF **39.90**



## Wrap Trays

Dishwasher safe and approved for food contact. Handmade in Sweden from responsibly sourced FSC-certified birch wood.

from CHF **35.-**

## Aschi

"I turn my vessels with a lot of freedom" – Aschi Rüfenacht is a ceramist, teacher and artist on the eternal search for the plastic world. Beautiful, exclusive and unique ceramics.

CHF **120.-**



## Pi Project

Tenates de Palma, palm leaves, have been used for centuries for braiding thanks to their flexibility. The Mixtec community of San Luis Amatlan in Oaxaca has been braiding household baskets with lids for generations. They demonstrate in a vivid way the complex patterns that can be woven with these palm leaves. Besides robust, light and versatile baskets, Project Pi also produces lampshades.

from CHF **89.90**

### Burel Factory

A simple and finely woven blanket, handmade on old looms in Portugal's Serra da Estrela. A simple and subtle design for pure comfort.

from CHF **189.90**



### Natural clay from Oaxaca

This Botellón is handmade in Tonalá, the traditional town in Jalisco. It is made from a natural clay that the workshop takes from a nearby mountain and filters it for about 20 days to produce the intense color. The clay keeps liquid fresh all day long.

from CHF **189.90**



### La Muerte Tiene Permiso\*

In prehispanic cultures – as in various other civilizations around the world - the dead were buried surrounded by the objects they valued most in life, so that these objects could help them on their way to the "other side". La Muerte Tiene Permiso\* was born out of the desire to share a contemporary Mexican design aesthetic in a European context and to create products that will last.

from CHF **35.-**



### Bougie 03

By combining cedar wood, vetiver, sandalwood and patchouli, Bon Parfumeur creates a sophisticated scented candle with vanilla and leather notes, addictive powdery tonka bean and sensual animal musk as a base.

CHF **49.90**

### em kraft room spray

This room spray from em kraft neutralizes unwanted odors, harmonizes and creates a pleasant room climate. Probiotic and made from 100% renewable raw materials.

CHF **18.-**



### ZigZag Zurich

Unique bed linen, blankets, curtains and textiles from Zurich. "Where Artists Meet Textiles."

from CHF **89.90**



① **Type 75**  
Anglepoise Type 75  
Table lamp - Paul  
Smith Edition.  
CHF **249.90**

② **René Redzepi**  
A Work in Progress:  
A Journal; Phaidon.  
CHF **34.90**

③ **Blanket**  
Ames Sala Blanket by  
Sebastian Herkner.  
CHF **459.-**

④ **The Pursuit of Art**  
Travels, Encounters  
and Revelations.  
By Martin Gayford.  
CHF **29.60**





# The Study

Books on the topic of prejudices, blind spots and the advantages of diversity are a main focus in our book assortment. In her book "Willfull Blindness" Margret Herffernan says: "Embedded within our self-definition, we build relationships, institutions, cities, systems and cultures that, in reaffirming our values, blind us to alternatives. This is where our wilful blindness originates: in the innate human desire for familiarity, for likeness, that is fundamental to the ways our minds work.

The antidote is the willingness to put oneself in difficult situations, to give space to difficult situations and topics, to listen, to accept challenges and to deal with the To make the unfamiliar familiar. How to extend our perspective and understanding.

We have to talk about racism "Racism is a construct of our white society - so we have to take care of it, that he disappears again!" Literature by the authors Austin Channing Brown, Ibram X. Kendi, Gabriel Bump, James Baldwin, Robin DiAngelo (quote). Books that wake up!



## Literature of thoughts

Daniel Kahneman, Nobel Prize winner and one of the most influential scientists of our time, shows in his book "Thinking, Fast and Slow" which mental patterns we follow and how we can arm ourselves against fatal mistakes. Margret Heffernan's "Willful Blindness" is a committed and anecdotal exploration of how and why we as individuals and as a society turn a blind eye to the uncomfortable truth.

from CHF **18.50**

## Literature of thoughts

"Racism is a construct of our white society - so we must also make sure that it disappears!" Literature by the authors Austin Channing Brown, Ibram X. Kendi, Gabriel Bump, James Baldwin, Robin DiAngelo (quote). Books that wake you up!

from CHF **26.50**



## Psychoanalyst meets Marina Abramovic

There are many conversations with artists, says Abramovic, but the opportunity to use psychoanalysis to contextually link the life and work of an artist is rare. An insight into the structures and dynamics that underlie Abramovic's life and work.

CHF **19.90**



### Le Pot Crayonist

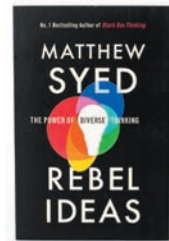
The use of colors and patterns has become a leitmotif and an intoxicating practice for Diam of "Les Pieds de Biche", who uses time-honored techniques to modernize old and create new. Le Pot Crayon is a miniature plant pot holder, a pencil pot - a multipurpose object for everyday use.

from CHF **24.-**

### A Plea for Diversity

REBEL IDEAS is a success guide that challenges hierarchies and encourages creative disagreement. "The Power of diverse thinking".

CHF **26.90**



### Kaweco

We love the pencils, pens and ballpoint pens of the German company Kaweco, founded in 1882. Because writing is fun and relaxed.

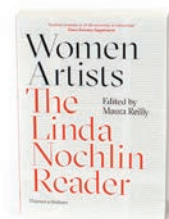
from CHF **29.90**



### Women Artists

"The Linda Nochlin Reader" brings together thirty essential essays by one of the most provocative art historians of our time. A reflection on the current position of women artists in society.

CHF **46.40**



### Contemporary African Art

A revised and updated edition of this groundbreaking title, which provides an overview of the diverse and constantly evolving field of contemporary African art from the 1950s to the present day.

CHF **26.20**



### Basics of the 21st century

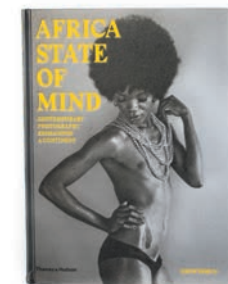
The Big Ideas. A timely exploration of the extraordinary power and intrinsic vulnerability of masculinity. A clear analysis of the impact on society of the increased use of technology in daily life. An expertly prepared view of the arguments for and against the general introduction of a vegan diet and lifestyle.

CHF **22.90**

### Africa State of Mind

A new wave of African photographers is turning the continent's history into a source of new myths and investigating questions of gender, sexuality and identity.

CHF **66.30**



### Hot coffee

Classic and stylish coffee glasses from La Rochère from France. Thanks to the thick glass of high quality, you won't burn your fingers anymore.

CHF **19.90**



### Papier Tigre

Stationery that falls out of the frame. From Paris.

ab CHF **2.80**

### Minor Figures

Brewed in East London: uncompromising coffee drinks of pure passion. 100% plant-based and without added sugar. Your Nitro Cold Brews all come with their own oat milk. Black, Mocha, Latte & Chai Latte in cans.

CHF **5.-**



### Notem

The pocket-sized notebooks are always close at hand to capture happy moments, create shopping lists or write down anecdotes that you absolutely want to remember. NOTEM was founded in Copenhagen in 2017. All products are developed in Denmark and manufactured using the best Scandinavian quality paper.

from CHF **9.90**



### Fiktion Kongo

A book about art worlds between past and present, which avoids a one-sided western view by focusing on renowned contemporary Congolese artists such as Sammy Baloji, Michèle Magma, Monsengo Shula or Sinzo Aanza. From the Rietberg Museum.

CHF **49.-**



### Naomi Klein

Why only a "Green New Deal" can save our planet.

CHF **33.90**

## Breaking Ground:

### Architecture by Women

A pioneering visual overview of women's architecture from the early twentieth century to the present.

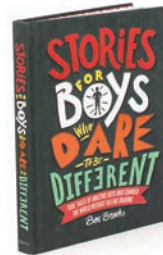
CHF **49.60**



## Stories for Boys Who Dare to be Different

Boys need role models – today more than ever. 100 personal stories of big and small heroes, from all over the world and from all eras, who have crossed borders and swum against the tide. The courage to be different.

CHF **28.90**



## Toolbox

Toyo Steel from Osaka, Japan, manufactures these toolboxes from steel, indestructible in quality and of perfect proportion. The classic straight shape with a handle integrated into the lid not only serves to store tools, but also for many purposes in the household and at the workplace.

CHF **55.-**



## I Will be Different Every Time

Black women in Biel. This book tells about a piece of "Black History" in Switzerland and makes women visible with their voices, biographies, ways of thinking, perspectives and life worlds, which are rarely taken note of in Switzerland.

CHF **35.-**



## Über Macht im Netz

Why we have to fight for a fair Internet. Ingrid Brodnig has visited scenes of digital change – from Amazon's warehouses to Silicon Valley – and delivers a fiery appeal for a fresh start on the Internet. Because we can defend ourselves!

CHF **28.90**



## Clip Board

An oldschool clipboard made of recycled wood fiber to protect and store your valuable documents.

CHF **8.-**



Let No One Judge You (Vinyl) - Early Recordings from Iran, 1906 - 1933 55.-, Oval Rib Smoked Kim Ka Mi Vase from Bern 89.90, Carpet from the Moroccan Atlas of Souvenir du Maroc - our new selection will be available in November.

# Music

"One good thing about music, when it hits you, you feel no pain." Bob Marley

## Crosley

At the forefront of the vinyl revolution, Crosley Radio has its roots in the history of analog music players, but also looks to the future evolution of sound.

CHF 189.90



## The Art of Hip-Hop Covers

Best of Hip Hop and RAP. Finest vinyl artwork from the beginners in the 70s until today. Vinyl records and record stores are currently experiencing a revival and with it the artistically designed covers of the past decades are coming back into the limelight. A tear-off calendar with spotify codes.

CHF 37.50



## Emahoy Tsegué-Mariam Guèbru

The work of the Ethiopian nun and pianist from Mississippi Records reissued. Vinyl. Absolutely the most beautiful piano album we have discovered recently.

CHF 25.-



## London Is the Place for Me

The legendary compilations of Honest Jon with recordings of Caribbean musicians, which enriched not only London.

from CHF 25.-



## Mississippi Cassettes

Cassettes from the house of Mississippi Records aus Portland, Oregon with phenomenally fitting titles like "Everthing Crashes, Aer the End of the World, Men With Broken Heart and Opportunity to Cry". Jamaican Ska, Sunra, Soul & Country, Rock, Pop, Gospel & Country.

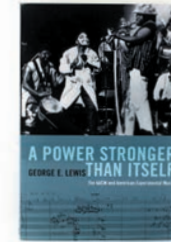
CHF 10.-



## Pocket Operator Factory

The PO-16 Factory is a lead synthesizer for your pocket. The device has no housing and therefore all components and the circuit board are directly visible. In a few minutes - if not seconds - you can create interesting and creative synthy sounds. At the push of a button you can also set the tempo of the beat and add effects like filter, bit-crusher, delay and stuer.

CHF 75.-



## A Power Stronger Than Itself

This book uncovers a vibrant, multicultural universe and reveals an important piece in the history of avant-garde music and art from the Association for the Advancement of Creative Musicians (AACM).

CHF 49.50



## Black Fire! New Spirits!

Images of a Revolution. Radical Jazz of the USA between 1960 - 1975.

CHF 49.90



## Cairo Records N04 & N05

The Cairo Records Soul Compilations are a must for lovers of rare soul music. Beautifully designed with extensive booklets. Essential.

CHF 55.-



## Peace and Love

Dadawah's dark but deeply spiritual reggae LP (originally released on Wild Flower in 1974), which shares hymns of Rastafarian love, nationality and hope.

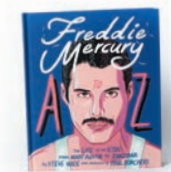
CHF 23.-



## Mogadisco

After Samy Ben Redjeb was blown away by a few melodies, he traveled to the infamous Somali capital in November 2016 and made Analog Africa the first music label to venture into Mogadishu.

CHF 35.-



## Freddie Mercury A-Z

The life of an icon. From Mary Austin to Zanzibar.

CHF 21.-

"Laugh as much as possible, always laugh. It's the sweetest thing one can do for oneself & one's fellow human beings." – Maya Angelou

Little funny things that make you smile. Gifts for the advent calendar or as a present for an invitation. In our gift assortment we only carry things that we believe will not immediately end up in the cellar of the recipient. Things that could be given away as a gift, not disposable plastic scrap, but products with soul.

# Little Things

## Do you look like your dog?

A memory in which dog and owner have to find each other. Why do people look like their dogs?

CHF 21.90



## Kitchener items Socks

Socks of our own brand in many different, imaginative patterns. For ladies and gentlemen.

CHF 15.-



## JOM

The gum sweets made from natural ingredients convince by their ingredients. EU organic certified, vegan, gluten-free, without palm oil – available in three flavors. Made in Sweden.

CHF 3.-



## For little ones with long breath

Whether in the pond or in the bathtub, a sea voyage with the balloon boats from Donkey Products is always fun.

And with the grey speedster with balloon booster the fun of racing never ends.

from CHF 18.-

kitchener

## Sugai World

Proudly made in Japan from environmentally friendly materials: Monster Book Clips, Earphone Buddy, Mustache – products with a playful and cheerful attitude.

from CHF 7.-



## Chalk in star shape

Shooting star wall paintings and sidewalk doodles with 100% non-toxic and weightless (moon) chalk from Moon Chalk.

CHF 19.90



## Flower Fortune

Charming figures made of environmentally friendly paper clay, in which a flourishing fortune lies. After reading the lucky hand, you can look at it and watch your luck bloom. Wonderful little presents.

CHF 7.50



## HANA

A set of 5 colored pencils that are shaped and manufactured in an environmentally conscious factory in Japan. Colored like 5 of the traditional Japanese flowers and leaves. When sharpened, the shavings imitate the petals. From Toshihiro Otomo. Feng Shui.

CHF 35.-

kitchener



## Cable Bite

One of the most beloved smartphone accessories: The Cable Bite animals individualize each charging cable.

CHF 7.-

## A Flower a Day

Little everyday pleasures. 365 day tear-off calendar.

CHF 51.50





### Little house ghosts

Decorative small talismans from Studio Arhoj in Copenhagen.

CHF 24.-



### The Erasers

"All of old. Nothing else ever. Ever tried. Ever failed. No matter. Try again. Fail again. Fail better." Samuel Beckett. Rise, try again and above all, don't lose your sense of humor.

CHF 6.-



### Cat Paws

What could be more relaxing than looking at a cat's paw?

CHF 17.90



### Electro Guitar Kit

With this kit, children can express themselves creatively through music and learn how electric charges create sound while building their own electric guitar and amplifier from scratch. Ready to rock? From Tech Will Save Us.

CHF 49.90



### Macon & Lesquoy

Every season a new collection of wonderful brooches, patches and pins is created. "A touch of humor and luxury for the young girls, handsome boys, gorgeous mums and old dandies around the world who always enjoy a good laugh!"

from CHF 29.90



### HEY YUM!

Fruit gums in funny shapes and delicious flavors. 100% organic, 100% delicious. From Denmark.

CHF 3.-



### Oh Christmas tree!

It's the end of the year again and already we have (fortunately) again a delivery of the most creative Christmas tree decorations – GRL Power and PS Controller for example.

from CHF 9.-

### Kitchener Aarebags

Stay hydrated but dry.

from CHF 25.-



### Rainette

Everything for kids and bikes. Reflective stickers and glowing laces – perfect for bike co-pilots in the darker seasons.

from CHF 15.-

### Animal Shit Bingo

Green, glittering, cubic. A game for children with animals and their legacies.

CHF 29.90



### Golden Girls Puzzle

A 500 piece puzzle with Blanche, Rose, Dorothy and Sophia? A puzzle for Friends lovers? Or a mystical puzzle at the end of which Bowie tries to hide.

from CHF 20.90

### Super Women Bingo

Match Marie Curie with Ada Lovelace, assign Toni Morrison to Jane Austen and unite Malala Yousafzai and Emmeline Pankhurst. 44 of the most inspiring women of all time in film, sports, activism, art, science and fashion come together.

CHF 29.90



Some years ago we started to focus on the search for sustainable products, that meet our aesthetic requirements become. It was the beginning of an incredible exciting journey and every day we learn something new about productions and materials.

In the meantime the largest part of our assortment our demands on Sustainability and aesthetics. But always again we are blinded by our own Stain surprised. Who has ever thought that the gum we chew and throw away is nothing but plastic? Fortunately, more and more people are starting to think about this and are looking for more sustainable to produce. Here is a compilation of products, that particularly surprise or inspire us could - and of course some pioneers first

# Pioneering Work

hour. Because o it needs only a small Product of an innovative and courageous label, that makes the beginning - even if it is only a is food for thought.

## Organic Basics

Organic underwear, activewear and essentials, made in Europe with eco-certified materials in ethical and environmentally responsible production.

from CHF **45.-**



## Le Cord

Versatile cables from recycled Fishing Net Sculpture and braided recycled nylon (RPET) for your iPhone.

CHF **39.90**



## Bananatex

The world's first technical fabric made from fibers of the banana plant, which is organically cultivated in the Philippine highlands. Sustainable, innovative, future-oriented. Developed by QWSTION from Zurich.

CHF **320.-**



## Plastic free chewing gum

The reinvention of chewing gum from Denmark. True Gum made from 100% natural and vegetable ingredients - plastic free and ultra tasty!

CHF **3.50**

## Made from Waste

At Originale Home not only blankets and towels are made from recycled surplus from the textile industry. The wooden spoons and bowls are also made from residual products of the Indonesian teak furniture industry.

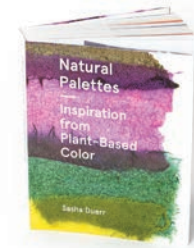
from CHF **29.90**



## Natural Palettes

Inspiration plant based paint. A new age of fresh, modern color palettes that draw from our original source of inspiration and its ingredients - the natural world around us.

CHF **38.50**



## Freitag

Freitag's new bags and backpacks are no longer made only from recycled pieces of tarpaulin, but also from a fabric made from empty PET bottles.

CHF **260.-**



## Patagonia Classic Retro-X Jacket

Fair Trade certified jacket made of recycled polyester from Patagonia, the pioneers of the first hour.

CHF **259.90**



## Climate neutral organic tea lights

Resource-saving tea lights made from recycled biomass. Free of crude oil, palm oil and kerosenes. Sustainable and environmentally friendly. Made in Germany.

## At last walking without plastic

With the environmentally conscious and plastic free dog excrement bags from PooPick & Sustainable People you now have environmental protection in your hand!

from CHF **9.90**



# Travel

A small selection of travel companions for times with restrictions.



**Sigg Metal Box**  
Beautifully shaped, light as a feather and not only for mountain lovers.

CHF **49.90**



**Peaks of Europe**  
Over a period of 5 months Johan Lolos traveled to 17 European countries to document the diverse mountain landscapes.

CHF **55.-**



**Homeland security on the road**  
Experience Swiss history in hiking boots: The hiking guide of the Swiss Heritage Society leads along historical paths through rural cultural landscapes and the whole country.

CHF **29.90**



**Practical for on the road**  
Bos Ice Tea is the story of two boys from Cape Town who met in their search for the meaning of life and ended up making fine Ice Tea from the rooibos plant, which only grows in South Africa. Although the extraction of raw aluminium requires a lot of energy, it can be recycled very well. (Quote in Switzerland: over 90%) The use of recycled aluminium requires much less energy than the processing of used glass. Nevertheless, from an environmental point of view, reusable glass bottles have a clear advantage. Unfortunately, the PET bottles, which are on a par, require a raw material that is finite - crude oil.

CHF **2.80**



**Casual essentials in Venice**  
New perspectives on Venice: A city guide with eight walks gives the inconspicuous and casual a big performance.

CHF **20.-**



**Tierisch was los in der Schweiz**  
This book takes you on a journey through German-speaking Switzerland. Which animal is hiding in the name of the village Wiesendangen? What is the most popular dog name in Hundwil? And are the Hellsauer piggies really so bright?

CHF **29.90**



**Lost in the Alps**  
Breathtaking pictures, incredible views, phenomenal places.

CHF **39.90**



**Poke Boo**  
Foldable and fitting in every pocket: These light, compact and portable rubber boots from Japan would be the perfect companion for summer festivals. From Atom from Hiroshima.

CHF **99.90**



**Playground Guide Berlin**  
Berlin has reserved the most beautiful places only for children: the playgrounds. They are located in the parks, backyards and side streets, on the lakes and canals of the capital. Discover the most ingenious playgrounds and ice-cream shop of the great Berlin

CHF **30.90**



**Legendary train journeys**  
Lonely Planet takes us on a journey around the world. In legendary trains like the Transsib, the Orient or Glacier Express and with exotic trains on the less known but adventurous routes. Travelling by train is not only more environmentally conscious, but also extremely relaxing.

CHF **37.50**



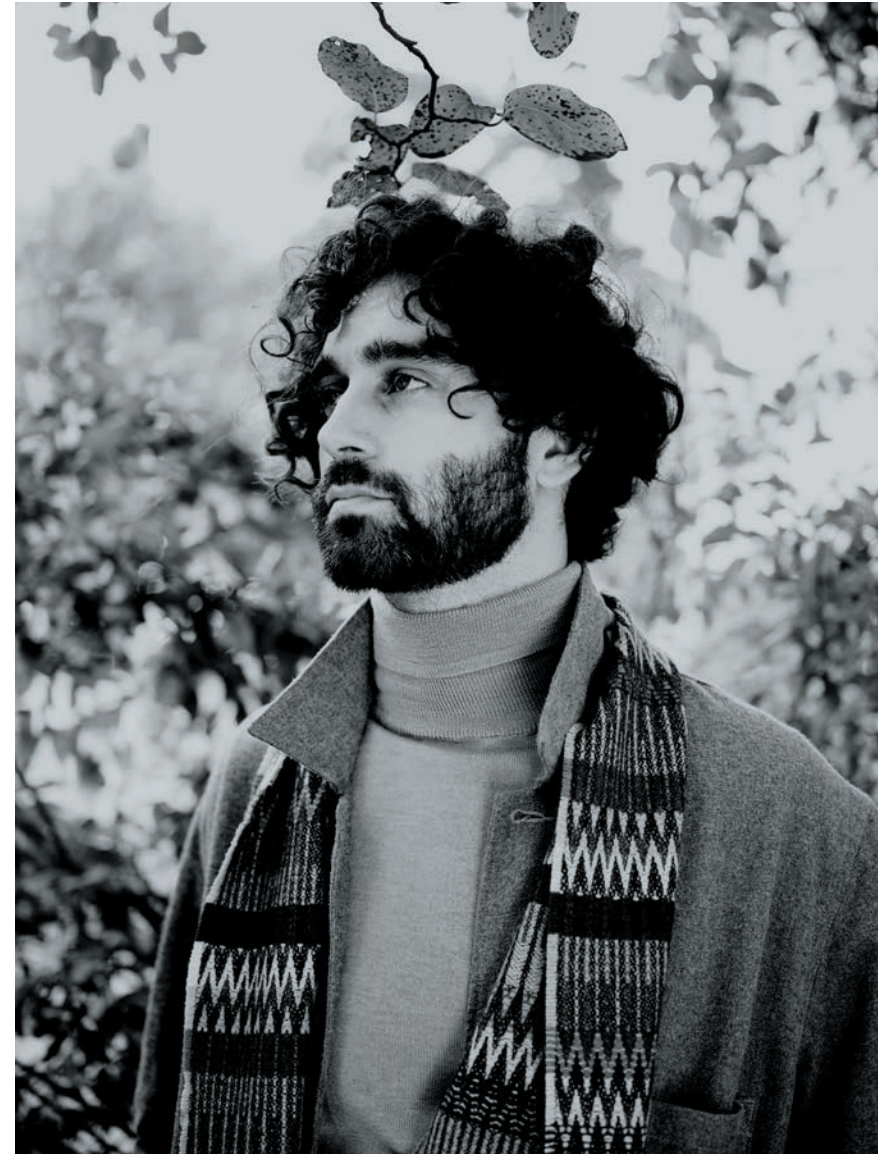
**Indie Bay Pretzels**  
Hearty without added sugar and simply super: The pretzel snacks from Indie Bay from London are vegan and made from 100% natural ingredients.

CHF **3.50**



**Jeannette wears:** Closed Rowan Coral Shirt 199.90, Maska Zipped Cardigan made of 100% lambswool 289.90, Maska Wool Pants 229.90, Kleman Padrini Shoes 190.- | **Right page:** Notebook by Notem from Copenhagen 27.-, Ballpoint pen by Kaweco from Germany from 29.90, Studio Arhoj Bowl from Copenhagen 59.90





Dominic tears: Wallace & Sewell Tokyo Scarf **89.90**, Portuguese Flannel Labura Jacket **189.90**, A.P.C. Sweater **229.90**  
Left page: Recycled teak plate from Original Home from Holland from **39.-**



Bettina wears: Esther Sweater from A.P.C. made of alpaca merino wool with leo-print 339.-, Fabio Rusconi Amalfi Heels 125.95 and a long sold out skirt from Norse Projects. | Right page: Plate Terrazzo by Laurin Schaub from Bern 320.-



**Glenn wears:** Patagonia Nano Puff Hoody 269.90, Norse Procets Adam Carigan made of lambswool 199.90, Organic Basics Natural Dyed Sweater 119.90, Still by Hand Slim Pants 259.90, VEJA Condor Mesh Natural Sneakers 179.90



Umu wears: Maska Zip Cardigan made of 100% lambswool 289.90, Norse Projects Tora Dress 339.-, Lars Babelnova Scarf 169.90 and Red Wing Classic Moc Boots 359.- | Right page: Vase by Kim Ka Mi from Bern 75.-







**Jeannette wears:** Norse Projects Amma Shirt 169.90, Kowtow Twill Dress 249.90, Macon & Lesquoy Bonzai Broche 55.-  
VEJA Campo Leather Sneakers 149.-



**Bettina trägt:** Bensimon Carolina Coat 469.-, Nice Things Ribbed Cardigan 109.90, Norse Projects Synette Skirt 319.-  
Shoes Onitsuka Tiger Mexico 135.- | Above: Woollen blanket by Wallace#Sewell from England 459.-



Glenn wears: La Paz Penduco Gilet **159.90**, Carhartt WIP Klondike Pants **99.90**, Portuguese Flannel Cruisel Shirt **129.90**, Danner Mountain Boots **189.90**



**Bettina wears:** Chloe Stora Suriname Sweater **289.90**, Pike Brothers Engineer Pants **129.90**, Astorflex Bridgeflex Suede Boots **209.90**, Casimier Cap Lola **109.90**



Dominic wears: Hartford Sammy Shirt 139.90, Paul Smith Sweater 219.90, Paul Smith Unlined Jacket 569.-



Dominic wears: Wallace & Sewell Tokyo Scarf 89.90, Portuguese Flannel Labura Jacket 189.90, A.P.C. Sweater 229.90 | Right page: Glass jug by Kessy Beldi from Morocco 29.90, glasses La Rochère from France from 6.-





Umu wears: Maska Helga Wool Sweater 219.90, Bellerose Veezy Coat 469.90, Bellerose Paname Jumpsuit 199.90  
VEJA Venturi Suede Sable Sneakers 179.90



Ali wears: Carhatt WIP Jeans Jacket 329.-, La Paz Fino Sweater 189.90, Homecore Lynch Pants 159.90, Red Wing Ranger Boots 379.- | Bettina wears: A.P.C. Esther sweater in alpaca merino wool with leo print 339.-





Webshop  
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